



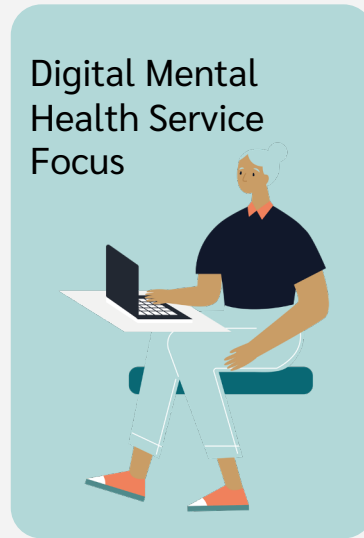
The lives behind the data: Experiences of vulnerable young people throughout lockdown

September 2021

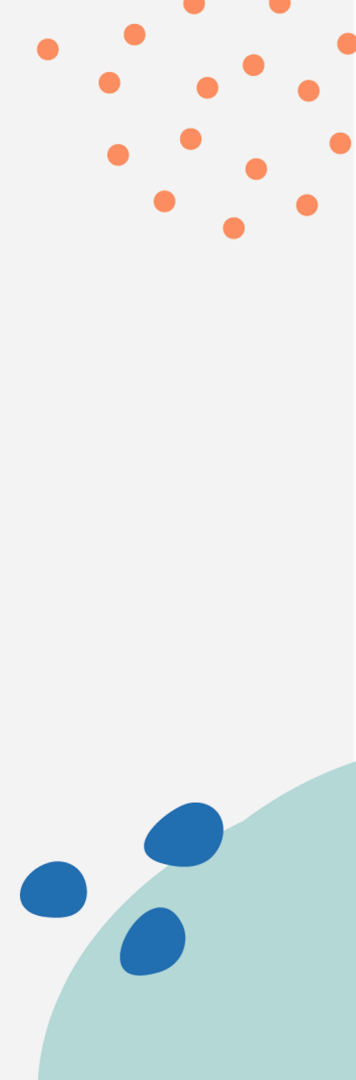
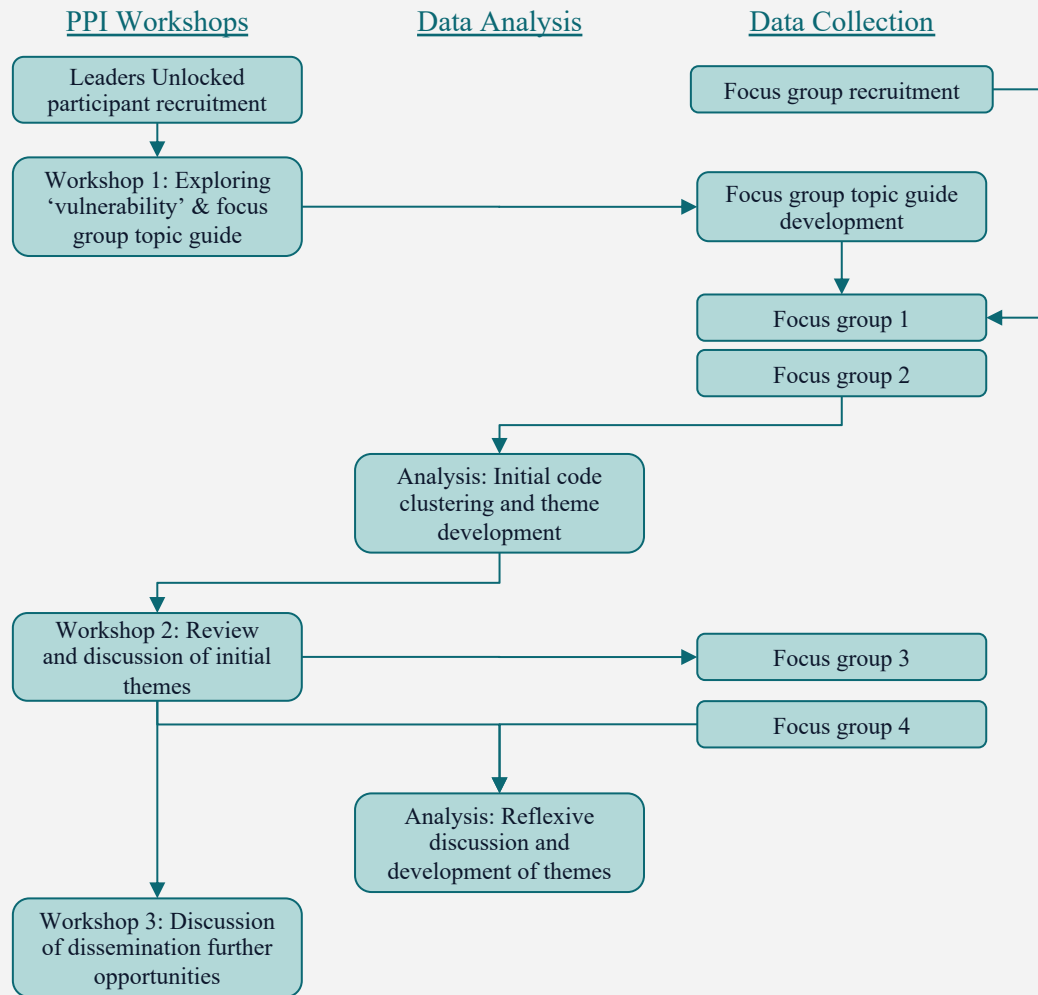
Charlotte Mindel
Research Lead



Alienated and unsafe: Life through the Covid-19 lockdown for vulnerable young people (aged 11-24 years) as revealed in web-based therapeutic sessions with mental health professionals

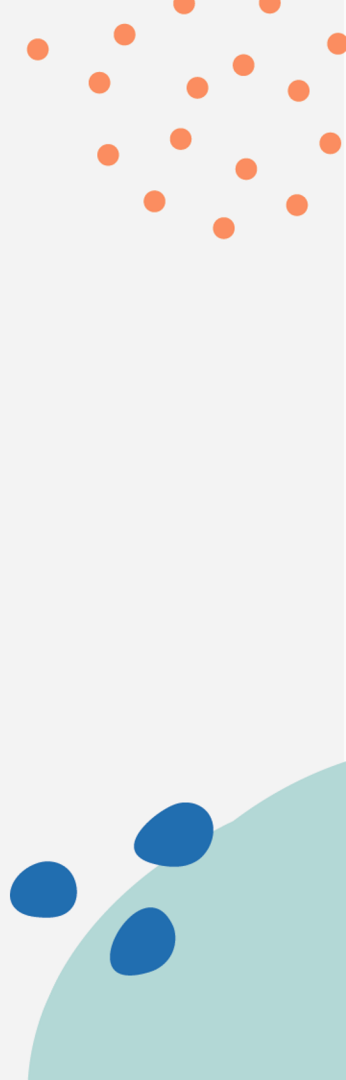


Research Design



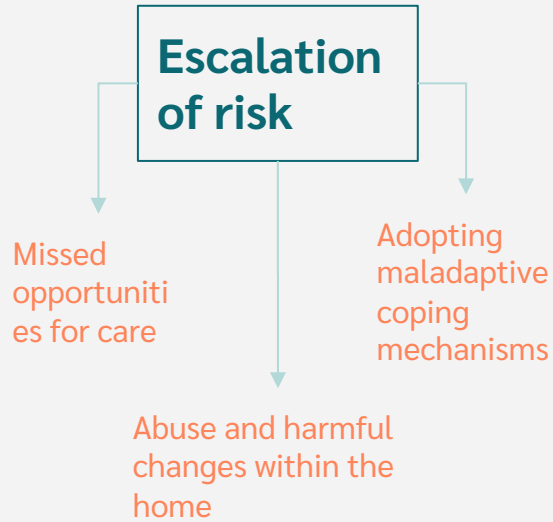
Findings

Research Question: *What can we understand about the experience of lockdown for vulnerable CYP through the mediated accounts of online mental health professionals?*



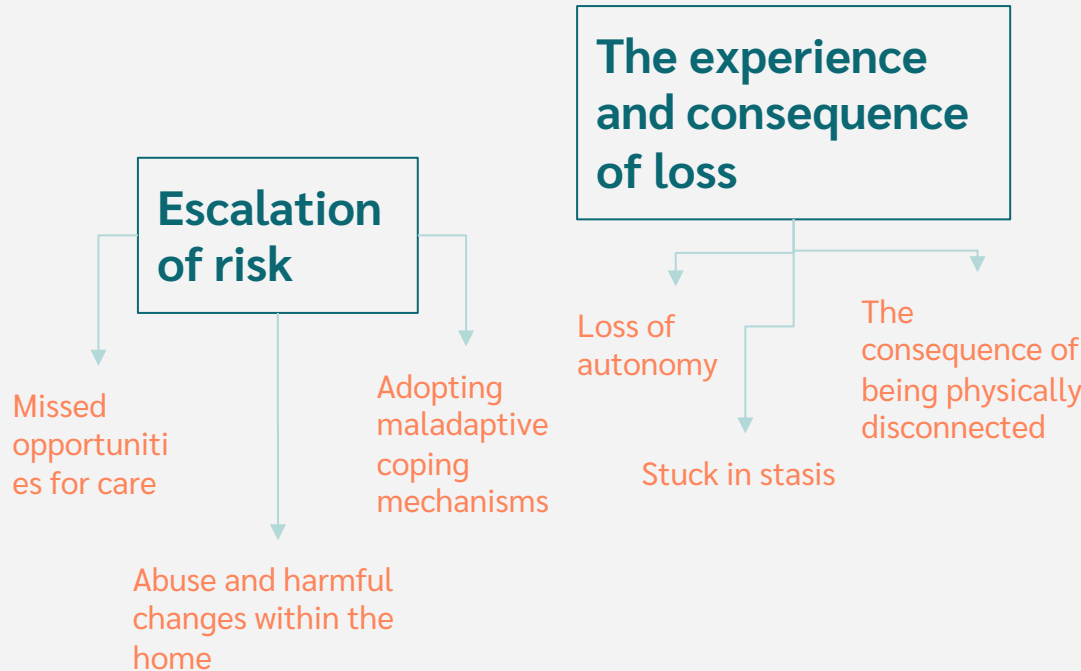
Findings

Research Question: *What can we understand about the experience of lockdown for vulnerable CYP through the mediated accounts of online mental health professionals?*



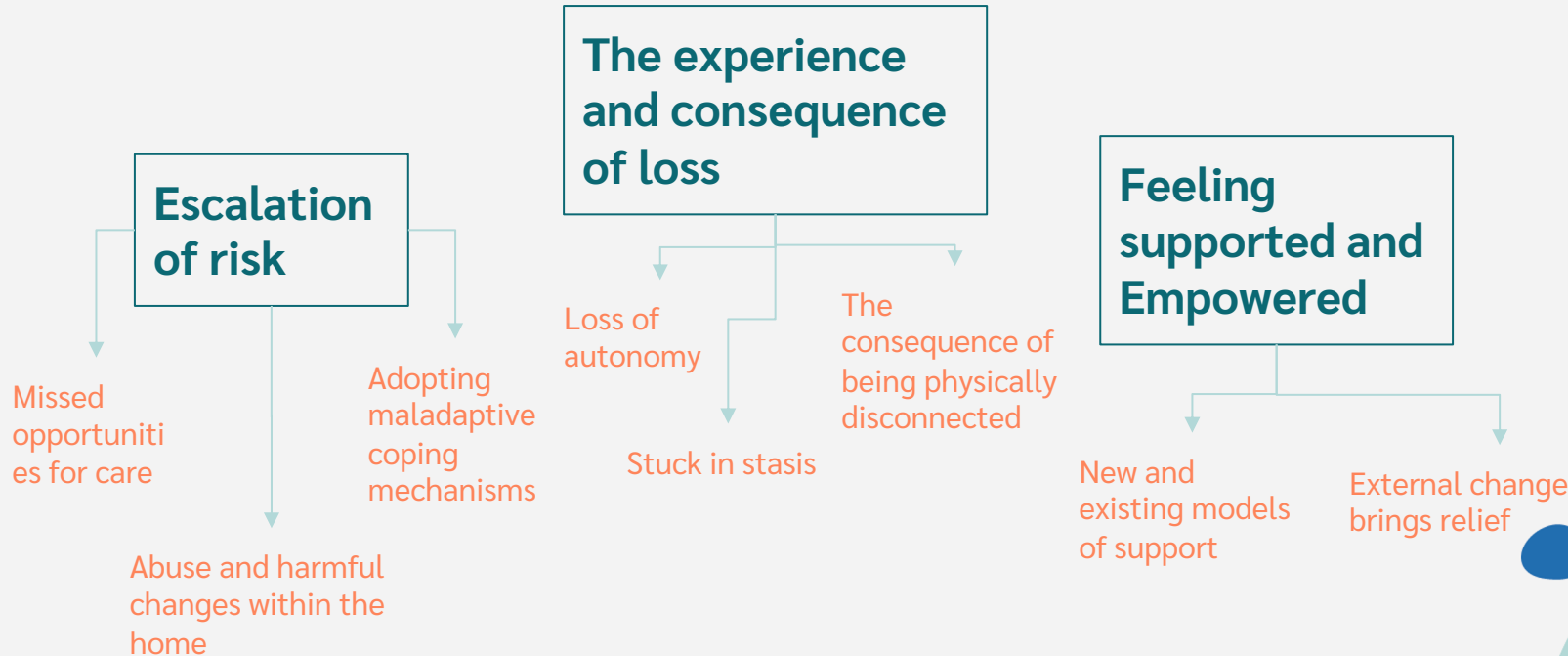
Findings

Research Question: *What can we understand about the experience of lockdown for vulnerable CYP through the mediated accounts of online mental health professionals?*



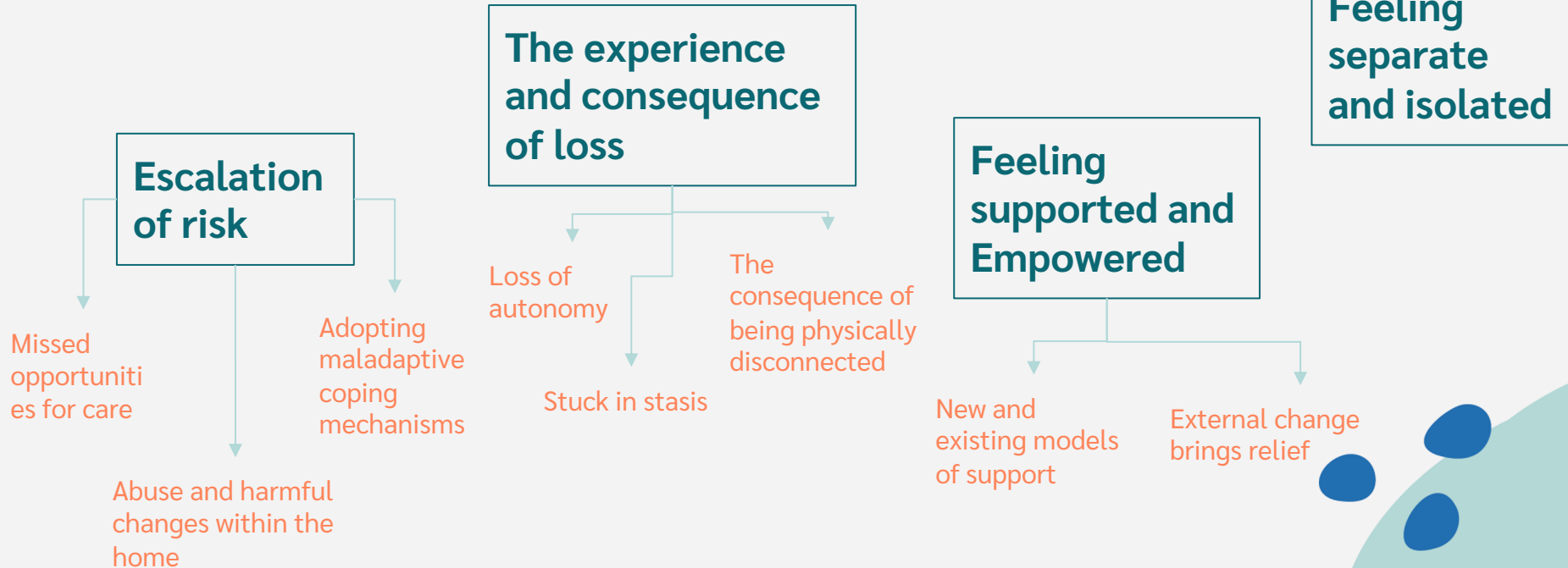
Findings

Research Question: *What can we understand about the experience of lockdown for vulnerable CYP through the mediated accounts of online mental health professionals?*



Findings

Research Question: *What can we understand about the experience of lockdown for vulnerable CYP through the mediated accounts of online mental health professionals?*



Discussion and Learning

- Those already vulnerable do experience increased risk. Self-harm and suicidality.
- More support is required in schools to support the transition through the pandemic: trauma informed practice
- Consistent digital support proved to be a key element to supporting vulnerable CYP
- Mediated practitioner accounts and co-production



Research priorities in digital technology and digital mental health

- Role of digital mental health support and resilience
- Intelligent assessment: Right support at the right time

